



Art Jamming Experience

Length: 1 - 3.5hrs

Delivery modes: Onsite and Offsite Experience

Number of participants: 10-100+

- Details: A freestyle art session. Start with a blank canvas and explore your creativity. No experience required. Just an open mind to observe, imagine and create. Great as a team offsite - a bespoke experience for teams of 10-100+.

Wellbeing Benefits of Creating Art

- Great for Stress Relief
- Helps to Boost Cognitive Health
- Nurtures creativity
- Promotes emotional wellbeing

How it works:

- For bespoke sessions, get in touch with us
- Communicate your goals and objectives for the experience
- Let us know if you'd like this onsite/offsite, number of participants, budget
- A bespoke experience is designed for your team.

Connect with WORKBLIS to discuss requirements - hi@workblis.com