



Pop-Up Smoothie Bar

Length: 1hr

Delivery modes: Onsite Experience; Team Off-site Wellness Perks; Smoothie delivery to remote employees

Details: The Pop-Up Smoothie Bar caters for teams of 10-10,000+, and can be used for wellbeing weeks, breakfast seminars, healthy lunch treats and more.

A Great Way to Start the Week/ End The Week, A Healthy Lunchtime Treat, Share The Benefits Of Healthy Nutrition, Introduce How Easy & Delicious it is to pack in some amazing nutrients.

A great workplace nutrition/cardiovascular health strategy.

For a full Pop-Up Smoothie Bar experience, add plant based snacks such as Energy Balls and Smoothie Bowls for Breakfast & A Healthy Lunch menu.

This service can be used to complement Breakfast Seminars, Team Away Days and Wellbeing Weeks.

The Pop-Up Smoothie Bar can also be used as employee perks and health promotion strategies.

Connect with WORKBLIS to discuss requirements - hi@workblis.com

This is a holistic wellbeing presentation, and is not intended to be taken as, or replace medical advice. For personal issues concerning health, participants are advised to conduct their personal research before making lifestyle changes, or seek the services of their chosen health professional.