

Length: 1hr

Delivery modes: Onsite & Virtual Presentation; Pre-recorded tutorials.

<u>Details</u>: Alcohol and substance abuse whilst at work, can prove costly for employers – not only in poor performance, but also injuries, impairing team dynamics, and higher health insurance claims. Addressing this issue before it becomes a major source of concern can help organisations curtail costs and maintain a healthy work culture.

Substance abuse has long been an expensive issue for employers. Recent global events have put increased pressure on emotional health. Substances are being used as coping mechanisms. This has been noted by recent observations which show a rise in individuals 'drinking on the job' whilst working from home. It is important to combine compassion with organizational measures to curb harmful habits and rectify the issue.

This seminar equips attendees with tools to manage and support individuals with workplace substance abuse issues.

Content includes:

- Identifying the warning signs of substance abuse
- Addressing the issue with healthy conversations
- Creating a 'firm but fair' substance abuse policy

Connect with WORKBLIS to discuss requirements - hi@workblis.com

