



Remote Work – Managing Expectations

Length: 1hr

Delivery modes: Onsite & Virtual Presentation; Pre-recorded tutorial.

Details: Working from home has its distractions, and meeting work requirements can be quite tough. Coping with isolation, keeping the kids occupied, and staying focused are some of the challenges faced by newly remote employees.

A refreshed mindset, combined with the intentional practice of constructive daily routines, can help employees navigate through and succeed in a home working environment.

This seminar views the topic from an employee standpoint, sharing practical advice on managing expectations and thriving in a home working environment.

Content includes:

- Setting a designated workspace
- Creating a productive daily routine
- Scheduling rests & breaks
- Establishing boundaries
- Maintaining discipline & Staying motivated
- Unplugging

Connect with WORKBLIS to discuss requirements - hi@workblis.com