COMMUNICATION FOR TEAM BUILDING AND COLLABORATION
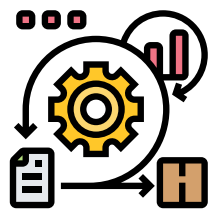

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INTRODUCTION:

Effective communication is essential for building and maintaining a successful and cohesive team. In this skills training program, employees and managers will learn how to communicate effectively for team building and collaboration in order to enhance team performance and achieve common goals.

Through a combination of theoretical explanations and practical exercises, participants will learn how to foster open and honest communication, build trust, and resolve conflicts within a team in order to create a positive and productive work environment.

Length: 90mins, Half Day
Delivery Option: Face-to-Face, Virtual

Training Aims and Objectives:

- Understand the importance of effective communication for team building and collaboration
- Learn how to foster open and honest communication, build trust, and resolve conflicts within a team
- Practice team communication skills through role-playing and group exercises
- Develop strategies for enhancing team performance and achieving common goals
- Improve communication skills and effectiveness in a team setting

Methodology:

- Lectures and discussions on the theoretical foundations of team communication
- Role-playing and group exercises to practice and apply team communication skills

Frameworks covered:

- The importance of open and honest communication in team building and collaboration
- The principles of active listening and how to practice it
- The use of conflict resolution techniques in team communication

Conclusion:

At the end of this session, participants will have a solid understanding of how to communicate effectively for team building and collaboration.

The goal is for participants to be able to foster open and honest communication, build trust, and resolve conflicts within a team in order to create a positive and productive work environment. This will not only improve communication skills and effectiveness in a team setting but also enhance team performance and contribute to the achievement of common goals.