

# COMMUNICATION IN A VIRTUAL ENVIRONMENT

**Length:** 90mins, Half Day

**Delivery Option:** Face-to-Face, Virtual

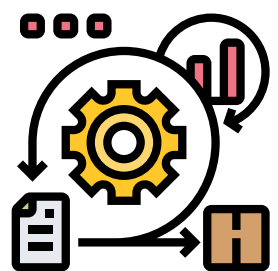
## INTRODUCTION:

In the age of technology and remote work, effective communication in a virtual environment is more important than ever. In this skills training program, employees and managers will learn how to communicate effectively in a virtual setting in order to maintain productive and positive relationships with colleagues, clients, and team members.

Through a combination of theoretical explanations and practical exercises, participants will learn how to use various communication tools and techniques to overcome the challenges of virtual communication and ensure that messages are conveyed clearly and effectively.

## Training Aims and Objectives:

- Understand the challenges and opportunities of communication in a virtual environment
- Learn how to use various communication tools and techniques effectively in a virtual setting
- Practice virtual communication skills through role-playing and group exercises
- Develop strategies for maintaining productive and positive relationships with colleagues, clients, and team members
- Improve communication skills and effectiveness in a virtual environment



## Methodology:

- Lectures and discussions on the theoretical foundations of virtual communication
- Role-playing and group exercises to practice and apply virtual communication skills

## Frameworks covered:

- The SOLER technique for effective nonverbal communication in a virtual setting
- The importance of congruence between verbal and nonverbal cues in virtual communication
- Best practices for using various communication tools and platforms effectively

