## **HOW TO ENHANCE YOUR COLLABORATION SKILLS:**

# **workblis.**

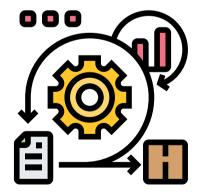
## **A Practical Guide for Teams**

#### **INTRODUCTION:**

To improve collaboration skills and foster effective teamwork, it is important to assess current collaboration skills and identify areas for improvement. In this skills training program, employees and managers will learn how to assess their collaboration skills and identify areas for improvement to enhance their ability to work effectively with colleagues, clients, and partners. The program combines theoretical explanations and practical exercises to help participants assess their own collaboration skills and develop a plan for improvement.

#### **Training Aims and Objectives:**

- Understand the importance of assessing your current collaboration skills and identifying areas for improvement
- Learn how to assess your own collaboration skills and identify areas for improvement
- Practice collaboration skills assessment through self-reflection and group exercises
- Develop a plan for improving collaboration skills
- Enhance communication skills and effectiveness in a collaborative setting



### Methodology:

- Lectures and discussions on the theoretical foundations of collaboration skills assessment
- Self-reflection and group exercises to assess and identify areas for improvement in collaboration skills

#### Frameworks covered:

- The importance of communication, trust, and conflict resolution in collaboration
- The use of teamwork and teambuilding techniques in fostering collaboration
- The role of leadership and management in facilitating collaboration

Length: 90mins, Half Day

**Delivery Option:** Face-to-Face, Virtual

